

Gluten-Friendly



— STARTERS, SOUPS & GREENS —

CHARGRILLED OYSTERS* served without crostini
six oysters, chef-crafted garlic lemon butter, topped with
Parmesan cheese (340 cal)

STEAMED EDAMAME
tossed with house seasoning blend (290 cal)

TOMATO BISQUE served without crostini
with basil cup (220 cal) | bowl (460 cal)

SHAVED BRUSSELS SPROUTS SALAD**
prepared without crispy onions with maple balsamic
vinaigrette, macadamia nuts, feta, and balsamic drizzle
with wood-grilled salmon* (910 cal)

BONEFISH HOUSE SALAD citrus herb vinaigrette,
Kalamata olives, hearts of palm, tomatoes, pepitas, with
wood-grilled shrimp (430 cal)

CLASSIC CAESAR SALAD prepared without croutons
romaine with wood-grilled chicken (600 cal)

Side Bonefish House (270 cal)

Side Classic Caesar Salad
prepared without croutons (330 cal)

Side Shaved Brussels Sprouts Salad**
prepared without crispy onions (160 cal)

— CHEF-CURATED SELECTIONS —

FILET* & LOBSTER TAIL

7 oz barrel cut filet, seasoned and steamed cold water lobster
tail, with garlic whipped potatoes and broccoli (870 cal)

BONE-IN FONTINA PORK CHOP*

12 oz, fontina cheese, bacon, mushroom marsala wine
sauce, with roasted new potatoes and asparagus (1080 cal)

— SIMPLY GRILLED —

Chef-crafted signature sauces:

Lemon Butter (60 cal) Chimichurri (140 cal)
Mango Salsa (25 cal) Lemon Caper Butter (80 cal)

MAHI-MAHI* (230 cal)

CHILEAN SEA BASS* (570 cal)

ATLANTIC SALMON* (350 cal)

RAINBOW TROUT* (450 cal)

7 OZ BARREL CUT FILET* (260 cal)

BONE-IN 12 OZ PORK CHOP* (460 cal)

CHICKEN BREAST (270 cal)

— DESSERT —

BOURBON BROWNIE** rich, flourless
brownie, chef-crafted bourbon chocolate
sauce, chopped macadamia nuts, vanilla
ice cream (1580 cal)

KEY LIME PIE** our classic, citrus pie,
buttery pecan crust, served with fresh
whipped cream (720 cal)

— SIGNATURE SIDES —

Jasmine Rice (200 cal) | Asparagus (45 cal)
Broccoli (100 cal) | Seasonal Vegetable (100 cal)
Roasted New Potatoes (190 cal) | Garlic Whipped Potatoes (160 cal)

— FROM THE SEA —

GRILLED SCALLOPS* & SHRIMP mango salsa with jasmine rice and broccoli (720 cal)

GRILLED MAHI-MAHI* & SHRIMP mango salsa with jasmine rice and broccoli (770 cal)

TWIN COLD WATER LOBSTER TAILS 5-6 oz each, seasoned and steamed, with jasmine
rice, sautéed spinach and drawn butter (840 cal)

— FROM THE LAND —

LILY'S CHICKEN® goat cheese, spinach, artichoke hearts, lemon butter, with
garlic whipped potatoes and broccoli (910 cal)

CHICKEN MARSALA mushroom marsala wine sauce, bacon, with garlic whipped
potatoes and broccoli (910 cal)

CHIMICHURRI BISTRO FILET* served without fries
8 oz sliced, chef-crafted chimichurri, with broccoli (1150 cal)

ADD TO ANY ENTRÉE

**SHRIMP
SKEWER**
(330 cal)

**SCALLOPS
SKEWER***
(400 cal)

**COLD WATER
LOBSTER TAIL**
(350 cal)

** Item contains or may contain nuts.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. Nutrition information is updated when new data is received from our suppliers. Due to this reason, calories on the print menu may differ from online information. The online information is the most up to date.

* THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS OR DEATH, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

Food is prepared in a common kitchen with the risk of gluten exposure. We cannot guarantee any menu item is completely free of gluten. When placing your order, please let your server know you are ordering a gluten-friendly menu item. FDA regulations define "gluten-free" as containing less than 20ppm gluten. It is possible that some individuals may be sensitive to levels below this amount. If you have any concerns pertaining to those levels, please consult your healthcare provider.

Please ask your server for pricing. Menu items vary by location and are subject to change.

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