



Gluten-Friendly

— STARTERS/SHARING —

SAUCY SHRIMP

served without bread

lime-tomato garlic sauce,
topped with feta cheese (740 cal)

MUSSELS JOSEPHINE®

served without bread

tomatoes, red onion, garlic, and
lemon wine sauce (710 cal)

— DESSERT —

BOURBON BROWNIE

rich, flourless brownie,
chef-crafted bourbon chocolate
sauce, chopped macadamia nuts,
with vanilla ice cream (1580 cal)

— GREENS —

BONEFISH HOUSE SALAD citrus herb vinaigrette, Kalamata olives,
hearts of palm, tomatoes, pepitas, with wood-grilled shrimp (540 cal)

CLASSIC CAESAR SALAD *prepared without croutons*
romaine with wood-grilled chicken (600 cal)

SHAVED BRUSSELS SPROUTS SALAD *prepared without crispy onions*
maple balsamic vinaigrette, macadamia nuts, feta, and balsamic
drizzle with wood-grilled salmon* (810 cal)

Side Bonefish House (270 cal)

Side Classic Caesar Salad *prepared without croutons* (330 cal)

Side Shaved Brussels Sprouts Salad *prepared without crispy onions* (160 cal)

— SIGNATURE SIDES —

JASMINE RICE (200 cal)

ASPARAGUS (45 cal)

BROCCOLI (100 cal)

ROASTED NEW POTATOES (190 cal)

GARLIC WHIPPED POTATOES (160 cal)

SEASONAL VEGETABLE (100 cal)

— FROM THE SEA —

PARKER'S MARGARITA SEA BASS

wood-grilled with chef-crafted tequila lime sauce,
with jasmine rice and asparagus (810 cal)

GRILLED SCALLOPS & SHRIMP mango salsa with
jasmine rice and seasonal vegetable (720 cal)

**10-12 OZ GRILLED SPLIT ROCK CHIMICHURRI
LOBSTER TAIL -OR- SEASONED & STEAMED COLD
WATER LOBSTER TAILS WITH DRAWN BUTTER**
(varies by location) served with jasmine rice and
seasonal vegetable (1100 / 940 cal)

— ADD TO ANY ENTRÉE —

SHRIMP SKEWER (330 cal)

SCALLOPS SKEWER (400 cal)

GRILLED HALF ROCK LOBSTER TAIL (380 cal)

COLD WATER LOBSTER TAIL (360 cal)

— FROM THE LAND —

HORSERADISH BUTTER TOPPED FILET MIGNON*
served without horseradish butter

7 oz barrel cut, with garlic whipped potatoes and
seasonal vegetable (1020 cal)

BONE-IN FONTINA PORK CHOP*

12 oz, fontina cheese, bacon, mushroom marsala
wine sauce, with roasted new potatoes and
asparagus (1080 cal)

LILY'S CHICKEN® goat cheese, spinach, artichoke
hearts, lemon butter, with garlic whipped potatoes
and broccoli (910 cal)

CHICKEN MARSALA mushroom marsala wine
sauce, bacon, with garlic whipped potatoes and
broccoli (910 cal)

CHIMICHURRI BISTRO FILET* *served without fries*
8 oz sliced, chef-crafted chimichurri, with broccoli
(1150 cal)

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Nutrition information is updated when new data is received from our suppliers. Due to this reason, calories on the print menu may differ from online information. The online information is the most up to date.

* THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS OR DEATH, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

Food is prepared in a common kitchen with the risk of gluten exposure. We cannot guarantee any menu item is completely free of gluten. When placing your order, please let your server know you are ordering a gluten-friendly menu item. FDA regulations define "gluten-free" as containing less than 20ppm gluten. It is possible that some individuals may be sensitive to levels below this amount. If you have any concerns pertaining to those levels, please consult your healthcare provider.

Please ask your server for pricing. Menu items vary by location and are subject to change.

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