



# Hooked on Lunch

MONDAY - FRIDAY 11AM - 3PM

## — SALADS & BOWLS —

### SOUP AND SALAD 9.9

choice of a cup of Tomato Bisque Soup (270 cal) or cup of Corn Chowder & Lump Crab Soup (330 cal), and a Bonefish House Salad (270 cal), Classic Caesar Salad (320 cal) or Shaved Brussels Sprouts Salad (230 cal)

**BONEFISH HOUSE SALAD** citrus herb vinaigrette, Kalamata olives, hearts of palm, tomatoes, pepitas, with wood-grilled shrimp (540 cal) 19.9

**CLASSIC CAESAR SALAD** romaine, garlic croutons, with wood-grilled chicken (940 cal) 18.9

**SHAVED BRUSSELS SPROUTS SALAD\*\*** spring mix, romaine, and shaved brussels with maple balsamic vinaigrette, macadamia nuts, feta, crispy onions, balsamic drizzle, wood-grilled salmon\* (870 cal) 20.9

**AHI TUNA POKE BOWL\*** served over jasmine rice and spring mix, with diced pickled vegetables, signature sauce, crispy onions, creamy wasabi sauce, and sliced avocado (600 cal) 18.9

## — SANDWICHES —

**OFF THE HOOK FISH SANDWICH** blackened, grilled, or fried white fish, lettuce, tomato, pickled onions, signature sauce, on a toasted bun, served with french fries (1100-1310 cal) 16.9

**CHICKEN SANDWICH** blackened, grilled, or fried chicken breast, lettuce, tomato, pickled onions, signature sauce, on a toasted bun, served with french fries (1060-1110 cal) 15.9

### SIGNATURE SIDES

Coleslaw (160 cal) | Jasmine Rice (200 cal)

Seasonal Vegetable (100 cal) | French Fries (550 cal)

Garlic Whipped Potatoes (200 cal)

## PRIX FIXE LUNCH

### 1. CHOOSE A BEVERAGE

Choose a Coca-Cola® product (0-110 cal) or freshly brewed iced tea (0/100 cal)

### 2. CHOOSE A SOUP OR SALAD

**CUP OF CORN CHOWDER & LUMP CRAB** (330 cal)

**CUP OF TOMATO BISQUE** (270 cal)

**BONEFISH HOUSE SALAD** (270 cal)

**CLASSIC CAESAR SALAD** (320 cal)

**SHAVED BRUSSELS SALAD\*\*** (230 cal)

### 3. CHOOSE AN ENTRÉE

**\$14.9**

**TACOS** 2 tacos served with coleslaw or french fries, choice of Bang Bang Shrimp® (1160/1390 cal), blackened baja fish (960/1150 cal) or blackened chicken (940/1160 cal)

**HALF-POUND BFG BURGER\*** sharp cheddar cheese, our signature sauce, on a toasted bun, with coleslaw or french fries (1280/1510 cal) add bacon (70 cal) or avocado (60 cal) .9

**FISH & CHIPS** lunch portion of crispy cod, accompanied by coleslaw, tartar sauce & malt vinegar, served with french fries (980 cal)

**SIMPLY GRILLED CHICKEN BREAST** lightly seasoned, wood-grilled and served with choice of signature side (360 cal)

**\$17.9**

**BANGIN' BFG BURGER\*** sharp cheddar cheese, topped with our signature Bang Bang Shrimp®, on a toasted bun, with coleslaw or french fries (1280/1510 cal)

**CREAMY TOMATO LINGUINE WITH CHICKEN\*\*\*** sautéed with mushrooms and spinach, topped with Parmesan, diced tomato and basil (2030 cal)

\*\* Item contains or may contain nuts. Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. Nutrition information is updated when new data is received from our suppliers. Due to this reason, calories on the print menu may differ from online information. The online information is the most up to date.

\* THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS OR DEATH, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS. \*\*\*All pasta is cooked in a shared pot, which poses a risk of cross contact with soy, wheat and seafood allergens.

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